



PCSSS Safety Precautions for In-Person Psychotherapy

PCSSS has taken steps to reduce the risk of spreading the coronavirus within the office. These efforts have also been posted on our website (www.islpma.org) and at each of our offices. Recommended safety measures can also be found at www.cdc.gov. Should you need help locating where this information is posted, please ask your therapist. Please also ask your therapist if you have any questions about these efforts.

Here is a list of safety measures PCSSS staff are committed to upholding:

- Disposable masks are available inside each counseling center entrance.
 - Hand soap and water are readily available in each bathroom.
 - Social distancing practices will remain in effect.
 - Alcohol-based hand sanitizer containing at least 60% ethanol is easily accessible in each counseling office as well as in common areas for each counseling center.
 - An infrared air filtration system is used at our main office in Hanover.
 - Seating in common areas and therapy rooms has been arranged for social distancing.
 - Appointments will be scheduled at intervals limiting how many people will be in the building at any one time.
 - Commonly touched items (e.g., pens, clipboards, etc.) are sanitized after each use.
 - Hand-free trash receptacles are accessible in each office and in common areas, including the Waiting Area and entry ways, and will be disposed of at the end of each day.
 - Common areas are thoroughly disinfected at the end of each day.
 - Therapists can help you process concerns regarding attending in-person sessions while not knowing as to whether or not others present in the building are vaccinated.
- The CDC and APA continue to recommend that non-vaccinated individuals continue receiving Telepsychology Services until either a few days after receiving their full vaccination and/or herd immunity is reached.***

